



## Jr. Sharks Squirt Travel Overview 2011-12

- San Jose Jr. Sharks Travel A/B/AA Hockey
  - Mission statement is “Provide a fun atmosphere to foster a lasting love for the game of hockey while developing players on and off the ice, creating competitive opportunities in all appropriate age, skill and dedication levels, and promoting our players within the Jr. Sharks organization and beyond youth hockey.”
  - Goal: Provide a fun, developmental, and competitive opportunity for players looking to play youth hockey while limiting time, travel, and cost commitments.
    - Season
      - Tryouts will be July 29<sup>th</sup> – August 2nd.
      - Practices start on August 9<sup>st</sup>
      - Finish April 1
- Squirt
  - Head Coaches
    - Squirt 2001: Matt Adams
    - Squirt 2002: David Maley
  - Cost:
    - Dues: 6 payments of \$415 = \$2,490
      - **Dues include all league fees (NORCAL), tournament fees, head coaches travel, and teams associated costs**
    - Soft Goods : \$400 estimated
    - Travel expense: varies depending on distance of event and if parent travels with player
  - Ice Hours/ Practices
    - 1 full and 1 shared practice a week. Team purchases 56 hours for season.
  - Off-ice development
    - Strength and agility training: Team will train using USA Hockey’s LTAD and “windows of trainability” model once a week schedule permitting
  - Travel Expected
    - 2 trips outside of NORCAL
  - Games 30-40
    - **Players will be trying out for a Squirt 2001 & 2002 team. Players must play in their birth year. Teams will be declared A or B based on Jr. Sharks, coaches, and NORCAL preseason and recommendation**
    - Tournaments:
      - NORCAL league, 2 Sharks Ice and 2 non NORCAL tournaments
        - Members are obligated to attend all team events

I have read the above season plan and understand the expectations of playing on the team.

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Parent or Guardian

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Date